

Membership Options & Fitness Services

Membership Options	Description	Activation Fee	Monthly Dues
Tenant Membership	Includes key card, access to Omni Fitness Center, and equipment orientation	\$59	\$25/mo
General Public Membership	Includes key card, access to Omni Fitness Center, and equipment orientation	\$99	\$45/mo

Personal Training Membership Options*

Results Membership	Includes progress evaluation, fitness plan update, and (1) 30-minute personal training session	\$55/mo	<input type="checkbox"/>
Platinum Membership	Includes progress evaluation, fitness plan update, and two (2) 30-minute personal training sessions/week	\$249/mo	<input type="checkbox"/>
Executive Membership	Includes progress evaluation, fitness plan update, and three (3) 30-minute personal training sessions/week	\$299/mo	<input type="checkbox"/>

* Prices are in addition to monthly membership dues. Monthly payments debited via credit or debit card

A la Carte Fitness Services**

Personal Training **

Session Duration	Rate	
30 Minutes	\$40	<input type="checkbox"/>
60 Minutes	\$60	<input type="checkbox"/>

** Receive a 10% discount with purchase of (10) or more personal training sessions

Group Fitness Classes

Specialized Group Fitness	Rate	
15-Minute Abs/Core	\$2.50/class	<input type="checkbox"/>
Pilates Lite (30-Minutes)	\$5/class	<input type="checkbox"/>
Super Circuit (30-Minutes)	\$5/class	<input type="checkbox"/>
Yoga or Pilates (60-Minutes)	\$10/class	<input type="checkbox"/>

Semi-Private/Group Training

Fit Friends (two clients, one trainer)	Single Session	10 Session Package	S	P
30 Minute	\$25/person	\$199/person	<input type="checkbox"/>	<input type="checkbox"/>
One Hour	\$35/person	\$299/person	<input type="checkbox"/>	<input type="checkbox"/>

Health & Fitness Assessment (all assessments include professional interpretation of test results and informational report)

Service	Rate	
Biometric Evaluation (resting heart rate, blood pressure, body fat analysis, BMI, and girth measurements)	\$49	<input type="checkbox"/>
Fitness Assessment (cardiovascular endurance, muscular strength/endurance, and flexibility assessment)	\$59	<input type="checkbox"/>
Comprehensive Evaluation (includes all assessments)	\$99	<input type="checkbox"/>

Facility Use Only:

Participant Name:	
Date:	
Total Paid:	

Please note all fees are subject to change at management discretion